

JOIN US FOR THE



2020 NIPIGON ICE FEST

March
6th
7th
8th

Orient Bay

Kama Bay

Climbing Clinics

Snowshoe Outings

Presentations

Gear Swap/Sale

Prizes/Gear Raffle

Dinner Specials

www.OutdoorSkillsAndThrills.com/NipigonIceFest

Facebook: Nipigon Ice Fest

Instagram: @NipigonIce

Information Package

Nipigon Ice Fest Schedule of Events



Friday March 6:

LaLuna is open all day and will be hosting a game night for those who don't want to hit up the bar (46 Front St)

Climber's mingle and check-in at the Legion Bar/Hall (102 5th St) 8:30pm-10pm

Saturday March 7:

[Ice Climbing Clinics](#) check-in at the Legion Hall (102 5th St) beginning at 7:30am

Everyone leaves with their groups at 9am, clinics end at 3pm

After a great day outdoors come together to enjoy a fun evening at the Ice Fest 'Summit' with [Presentations](#),

Guest speakers, [Gear raffle](#) and more at the Legion Hall, Doors open at 6pm -presentations begin at 7pm

There is a Chili Dinner fundraiser event on the Saturday March 7th at the legion from 6pm-7pm. Cost is \$15, and the menu will include a large bowl of Chili (vegetarian option available), salad, buns, dessert, tea/coffee/pop. All proceeds go towards next year's Ice Fest! The bar next door will be open as well for those who are age of majority and would like to enjoy a drink.

Sunday March 8:

No official events planned, but Saturday night we help folks hook up with the right people who will to stay around for various activities in the area.

Nipigon Ice Fest Clinics

Beginners Ice Climbing Clinic – March 7th, 9am – 3pm

Learn the basics of ice climbing and try a variety of routes on beginner/moderate terrain.

Intermediate Ice Climbing Clinic – March 7th, 9am – 3pm

Climb your way up more challenging terrain and understand the techniques that help you climb on steep ice.

Mixed Climbing Clinic – March 7th, 9am – 3pm

Experience what it's like to climb on a mix of rock and ice using your ice axes and crampons as effective tools.



Meeting Place: The Nipigon Legion (102 5th Street).

Climber Check-in begins at 7:30am for ice climbing participants.

Departure time is 9:00am from the Legion for ice climbing participants.

Transportation is not included; you will need to arrange your own way to and from the climbing location.

[NIPIGON ICE FEST - 2020 - INFORMATION PACKAGE](#)

So you've decided to join us for the Climbing Clinics at the 2020 Nipigon Ice Fest!?! Awesome!! Get ready to have a ton of fun in a breathtaking environment with an awesome crew of climbers.



Meeting Place: The Nipigon Legion (102 5th Street) – Check-in begins at 7:30am

Departure time is 9:00am from the Legion

Transportation is not included; you will need to arrange your own way to and from the climbing location.

Start Time: 9:00am

Where: Orient Bay and Kama Bay, considered the ground zero of ice and mixed climbing in Ontario! The exact location and parking information is to be determined based on weather and ice conditions. We will confirm driving directions and parking information with you at the Clinic Check-In at the Legion.

End Time: 3:00pm

If you have [Facebook](#), you can 'Like' our page to keep up-to-date with new information and to share your excitement!

Clinic Fee & Equipment Rental Details:

Clinic Registration Fee: \$35
(free Nipigon Ice Fest t-shirt included)

Equipment rentals are available on a first-come-first-serve basis. All equipment will be transported to the Legion for the clinic. Any extra gear will be made available to rent at the Legion prior to the outings. Harnesses and Helmets are available at no extra cost by Outdoor Skills And Thrills and the UMD. Limited supplies, so let us know exactly what you will need when you make your reservation.

Boot, Crampon & Ice Axe rentals are provided by:

Outdoor Skills And Thrills – Thunder Bay
The Wilderness Supply – Thunder Bay
The University of Minnesota Duluth Recreational Sports Outdoors Program – Duluth

Equipment Rentals:

Harness – Free

Helmet – Free

Boots – \$20

Crampons – \$20

Ice Axes – \$20

Full Package – \$50

(Boots, Crampons, Ice Axes)



Clinic Itinerary

This is a basic outline of the itinerary for the 2020 Nipigon Ice Fest Climbing Clinics.

9:00am-9:30am: Drive time to Climbing Location from the Legion

Arrival at the Climbing Destination! *minimize time near road*

Hike to site

9:45am-10:15am: Talking About Site Safety and Equipment

Objective hazards discussed

Helmets to be worn at all times

How to climb – basic techniques to get started

How to come back down safely – proper lowering techniques on ice

10:15am-12:00pm: Climbing Time & Skill Building!

Using your Crampons

Ice axe placements

Belaying + Communication Essentials

Everyone puts it all in action and now it's time to climb!

Lunch: On your own time whenever you please

12:00pm-2:30pm: Climbing Time & Learning More

Learning advanced techniques to climb more efficiently

Learn about ice formation and ice conditions

Questions and answers about set-up

2:30pm-3:00pm: Last Climbs of the Day, Clean Up, Pack Up

Hike back to parking area

3:00pm-3:30pm: Drive Time Back to Nipigon



What is Recommended to Bring:

When out ice climbing there will be periods of activity mixed with inactivity in cold temperatures. Don't be afraid to have too much! We suggest bringing clothing of varying thicknesses that can be 'layered' to achieve comfort and versatility. The most important consideration for clothing is the ability to regulate temperature as you change from periods of activity to periods of rest. Wool or synthetic blends work well. We would discourage cotton clothing as it causes rapid heat loss when wet.

Long underwear (top & bottom), synthetic or wool.
Pants (insulated or fleece)
Warm shirt (not cotton)
Insulated warm jacket or vest
Waterproof jacket (ideally with hood)
Waterproof pants
Socks – heavy socks overtop thin liner socks (no cotton)
Wool or fleece hat that will cover ears & fit under helmet
Waterproof climbing gloves & warm mitts.

Gaiters
Balaclava or Neck tube.
Daypack (large enough for all your spare clothing, your lunch & climbing gear)
Sunglasses
Thermos flask and/or water bottle (full each day!)
Sunscreen
Camera
Tons of Excitement and an Open Mind!!

Waiver Form: You will be required to sign our waiver form before commencing the program. Participants under the age of 18 will need their parent/guardian's permission to complete registration. Minors who show up for an adventure or course without a properly signed waiver by their parent or legal guardian will not be allowed to participate. If you do not have access to a printer prior to the Ice Fest, we will have paper copies available upon your arrival at the check-in. **Transportation:** Transportation is not included, so you will need to arrange a way to and from the climbing spot. If you are open to carpooling let us know and we can try to help you arrange this with the other participants at the climber's check-in on Saturday.

Cancellation & Refund Policy: Once a booking is submitted, we hold a 50% non-refundable deposit of the total cost, and the full amount becoming non-refundable 14 days prior to the clinic. All requests for cancellations or date changes must be submitted in writing to info@outdoorskillsandthrills.com. Please notify us as soon as possible if you wish to make any changes to your reservation. We reserve the right to cancel any program due to weather or route conditions, guide health, or for any other reason deemed necessary by the Nipigon Ice Fest committee. In such cases, we are not responsible for expenses incurred by the client in connection with the trip such as airfare, car rental, equipment purchases, etc. By its very nature, climbing is an uncertain endeavor, and many factors can influence the outcome of a trip. Accordingly, once a trip begins, we are unable to offer refunds for weather related cancellations, or for trips that end prematurely due to weather, route conditions or circumstances within, or affecting, your group.

Health/Cancellation & Interruption Insurance: It is important to make sure that your current plan covers you in the case of an illness, accident, cancellation, or interruption prior to or during your trip; get extra coverage if necessary. In the case of a trip cancellation or interruption, we cannot be held responsible for expenses incurred by the client in connection with the trip such as airfare, car rental, equipment purchases, etc.

Drugs and Alcohol: No alcohol or drug use is allowed on our programs. We have a zero tolerance policy and no climbing is ever permitted under the influence of alcohol or drugs.

Disclaimer: Ice Climbing has the potential to be a very dangerous sport. Quality instruction and experience combined with proper equipment are necessary to help reduce this risk. ALL CLIMBING ACTIVITIES ARE THE RESPONSIBILITY OF THE INDIVIDUAL CLIMBER. The volunteers that help organize the Fest and coordinate the events and activities make no warranties, expressed or implied, for the safety, fun, availability, condition, grade, location, or legality of any of the climbs in the area. They also do not guarantee the safety, fun, suitability, or availability of any of the equipment or facilities that may be used for rental, demo, or gathering. The organizers also do not warrant, condone, or guarantee the content, safety, quality, quantity, etc of any of the shows, speakers or classes given during the Fest.

Nipigon Ice Fest - 2020

Visit the Website: www.outdoorskillsandthrills.com/nipigonicefest

Like us on Facebook: www.facebook.com/nipigonicefest



Canada's Longest Running Premier Ice Climbing Festival

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